



# CHRISTIAN FAMILY SOLUTIONS

## *Member Assistance Program*



**As emotional and psychological needs increase, many people are turning to churches, schools, or organizations for help.**

When the needs of members or students go beyond the scope of training for a pastor or a teacher, individuals may need to be referred to counseling care. What are your options?

- ▶ Average wait times for mental health providers across the country can be 6-8 weeks
- ▶ Those in remote areas do not always have access to care
- ▶ Secular counselors often have an anti-Christian worldview and focus on solutions within the individual rather than God's providence

The **Member Assistance Program** (MAP) makes compassionate Christian care accessible and affordable. MAP partners can offer short-term Christian counseling care and services to their members through Christian Family Solutions (CFS). CFS counselors are skilled in integrating evidence-based mental health counseling practices with the truths found in God's Word.

**We help churches, schools, and other organizations meet the emotional and mental health care needs of their members.**

Christian Family Solutions comes alongside our MAP member organizations as they strive to minister to hurting souls in their care. Much like an Employee Assistance Program, MAP services are offered at no direct cost to the individual or family being served.

### **Here's how it works:**

- ▶ A church, school, or organization joins the MAP program by purchasing counseling sessions (typically between 5 and 10 sessions in a block). This can be done through our online portal.
- ▶ The designated referral agent from the MAP partner organization refers individuals to CFS for care, indicating the number of sessions approved for each situation.
- ▶ The referred individual completes the MAP program online intake form.
- ▶ The CFS MAP program staff schedules the first counseling session for the referred individual.

### Where are MAP services offered?

Because MAP functions like an Employee Assistance Program, we can offer MAP counseling anywhere in the world, in person at one of our clinics, or through secure video.

### What do MAP services cost?


MAP program costs are kept low for churches, schools, and organizations because of the generous support of our donors. The CFS MAP team's mission is to heal and help people in need by working in partnership to make that healing and help as accessible and affordable as possible.


- ▶ The partnering organization covers one half the cost of each session
- ▶ Christian Family Solutions' donors cover the other half of each session cost
- ▶ The referred member receives short-term services at no cost

### What happens when your member or student needs more care?

MAP is designed to be immediate, short-term care. After the allotted number of MAP sessions are used, if an individual requires additional services, the MAP team will help transition to the appropriate resources that best meet the needs.

- ▶ If the individual needs outpatient clinical services and resides in one of the states where we are licensed to provide those services, we can continue care at CFS, transferring from MAP to an outpatient arrangement.

 **Licensed states include:**  
WI, MN, NE, MI, FL, AZ, ID, and ND.

 We accept most insurance plans for outpatient services as well as private pay.

- ▶ If the individual resides outside the states where we are licensed to provide services, we will help transition to the best care available.

## MAP is a soul care partnership

The emphasis in MAP is on collaboration. Individuals have the opportunity to sign a release which allows our counselors to work with the referring pastor or teacher to provide the best possible care. MAP is designed to foster the spiritual wellness of a congregation, school or organization by improving the overall mental health and wellness of its members.

## The impact of mental health ministry

# 800



Nearly 800 congregations, schools, and other organizations have participated in the CFS Member Assistance Program since 2008.

# 60,000



These partnerships have allowed for nearly 60,000 counseling sessions – 60,000 opportunities for counselors to share Gospel comfort and offer Christ-centered solutions during a time of great distress.



**Inquire** about membership by calling **800-438-1772** or email [map@wlcfs.org](mailto:map@wlcfs.org).



**Donate** to Christian Family Solutions to help keep care like this accessible and affordable for all:  
[ChristianFamilySolutions.org/donate](https://ChristianFamilySolutions.org/donate)

*CFS is a professional Christian counseling organization with 110+ licensed professionals and mental health practitioners whose calling is to heal and help people in need.*

 **CHRISTIAN FAMILY SOLUTIONS**  
Counseling Care & Services